

February 2021



Southview Senior Living
 1984 Oakdale Ave West St. Paul, MN 55118
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 Noontime Dinner <i>Lemon Pepper Tilapia with Roasted Potatoes and Vegetable Du Jour</i> Evening Supper <i>Grilled Chicken Caesar Wrap with Chips and Vegetables w/Ranch</i>	2 Noontime Dinner <i>BBQ Grilled Chicken with Baked Potato and Fresh Vegetables</i> Evening Supper <i>Soft Shell Tacos with Spanish Rice and Refried Beans</i>	3 Noontime Dinner <i>Homemade Sausage Lasagna with Garlic Bread and Vegetable Du Jour</i> Evening Supper <i>Beef Stew with Biscuit</i>	4 Noontime Dinner <i>Flour Dusted Sole with Scalloped Potatoes and Vegetable Du Jour</i> Evening Supper <i>Hamburger Gravy Over Mashed Potatoes and Fresh Vegetables</i>	5 Noontime Dinner <i>Korean Beef Short Ribs with Jasmine Rice and Fresh Vegetables</i> Evening Supper <i>Bratwurst with Sauerkraut and Fries</i>	6 Noontime Dinner <i>Chicken Kiev with Cheesy Hash Browns and Fresh Vegetables</i> Evening Supper <i>Personal Pepperoni Sausage Pizza with Garden Salad with Fresh Vegetable</i>	
7 Noontime Dinner <i>Meat Loaf with Twice Baked Potato with Vegetable du Jour</i> Evening Supper <i>Breaded Chicken Sandwich with Potato Salad and Cucumber Salad</i>	8 Noontime Dinner <i>Creamy Parmesan Chicken Carbonara over Pasta with Vegetable Du Jour</i> Evening Supper <i>Deep Fried Tempura Shrimp with Mashed Potato Nugget and Coleslaw</i>	9 Noontime Dinner <i>Beer Battered Cod with Baked Potato and Vegetable Du Jour</i> Evening Supper <i>Beef Burgundy over Gnocchi with Vegetable Du Jour</i>	10 Noontime Dinner <i>Chicken Fritter w/ Country Gravy, Mashed Potatoes and Vegetable Du Jour</i> Evening Supper <i>Sloppy Joe with Onion Rings and Fruit Slices</i>	11 Noontime Dinner <i>Open Faced Turkey Sandwich with Mashed Potatoes and Green Beans</i> Evening Supper <i>Scrambled Eggs and Ham Steak with Breakfast Potatoes and Fresh Fruit</i>	12 Noontime Dinner <i>Baked Pork Chop in Gravy with Sweet Potatoes and Fresh Vegetable</i> Evening Supper <i>Bacon Cheese Burger with Cheese Curds and Creamy Cucumber Salad</i>	13 Noontime Dinner <i>Mediterranean Crusted Salmon with Roasted Potatoes and Vegetable Du Jour</i> Evening Supper <i>Swedish Meatballs over Egg Noodles</i>	
14 Valentine's Day  Noontime Dinner <i>Chicken Chow Mein with White Rice and Egg Roll</i> Evening Supper <i>Baked Sausage Penne Casserole Garlic Toast Fresh Vegetables</i>	15 Noontime Dinner <i>BBQ Pork Ribs with Baked Beans and Fresh Vegetables</i> Evening Supper <i>Turkey Ala King over Puff Pastry with Fresh Vegetables</i>	16 Noontime Dinner <i>Beef Ragu over Rigatoni Pasta with Garlic Toast</i> Evening Supper <i>Grilled Cheese with Soup and Chips</i>	17 Noontime Dinner <i>Pecan Crusted Tilapia Garlic Baby Red Mashed Potato Vegetable Du Jour</i> Evening Supper <i>Sweet and Sour Chicken Fried Rice Cream Cheese Wonton</i>	18 Noontime Dinner <i>Fried Chicken with Cheesy Hash Browns and Vegetable Du Jour</i> Evening Supper <i>Tatar-tot Hotdish with Fresh Vegetable and Dinner Roll</i>	19 Noontime Dinner <i>Southwest Grilled Steak Baked Potato and Vegetable Du Jour</i> Evening Supper <i>Tuna melt with French Fries and Coleslaw</i>	20 Noontime Dinner <i>Pork Roast with Mashed Potatoes and Fresh Vegetables</i> Evening Supper <i>Home Made Chili with Cheddar, Sour Cream and Corn Bread</i>	
21 Noontime Dinner <i>Swiss Steak with Cheesy Hash Browns and Fresh Vegetables</i> Evening Supper <i>Sausage Gravy over Biscuit with Scrambled Eggs Fresh Fruit</i>	22 Noontime Dinner <i>BBQ Bacon Cheddar Chicken with Roasted Potatoes and Vegetable Du Jour</i> Evening Supper <i>Beef Stir-fry over Rice with Pot Stickers</i>	23 Noontime Dinner <i>Homestyle Beef Short Ribs with Mashed Potatoes and Vegetable Du Jour</i> Evening Supper <i>Coconut Shrimp Berry Salad</i>	24 Noontime Dinner <i>Herb Roasted Chicken with Sweet Potatoes and Vegetable Du Jour</i> Evening Supper <i>Grandmas Beef Goulash and Fresh Vegetables with Garlic Bread</i>	25 Noontime Dinner <i>BBQ Smoked Beef Brisket with Scalloped Potatoes and Vegetable Du Jour</i> Evening Supper <i>Chicken and Spätzle Dumplings With Fresh Vegetables</i>	26 Noontime Dinner <i>White Sauce Vegetable Lasagna with Garlic Bread and Fresh Vegetable</i> Evening Supper <i>Deep Fried Walleye Bites with Baked Potato and Vegetable Du Jour</i>	27 Noontime Dinner <i>Beef Roast with Mashed Potatoes and Vegetable Du Jour</i> Evening Supper <i>Turkey Wild Rice Casserole with Fresh Vegetable with Dinner Roll</i>	
28 Noontime Dinner <i>Crunchy Onion Chicken Au Gratin Potatoes Vegetable Du Jour</i> Evening Supper <i>Philly Cheese Steak Sandwich with Cheese Curds Waldorf Salad</i>			Menu Subject To Seasonal Change All Menus Are Based On A 5 Week Seasonal Rotation Chef Is Available To Discuss Any Special Requests/Requirement		Please Make Reservations For All Guests. Advanced Notice is Appreciated. Meal Times 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper		February 4th, 2021 Hot Breakfast 8 AM - 9 AM 

