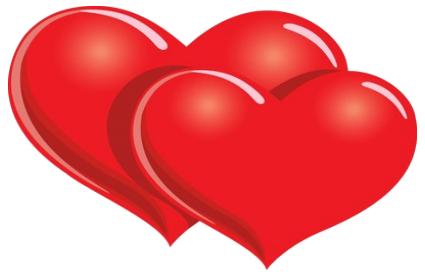


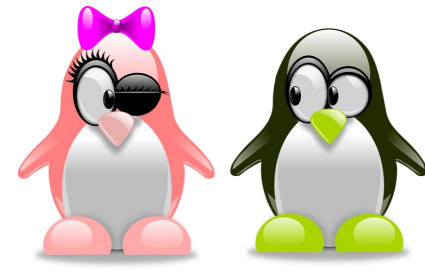






# February 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:00 Manicures 11:00 Reminisce Group 1:45 Helping Hands 3:15 Coffee & Cookies 4:00 Arm Chair Exercise 6:00 Reading Circle	2 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:00 Art & Craft Fun 1:45 Classic Movie & Snacks 3:00 Coffee & Cookies 3:15 The Good Old Days (Books) 4:00 Active Game 6:00 Lawrence Welk (TPT 2.3)
3 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee & Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening	4 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Make Music 3:15 Coffee & Cookies 4:00 Lets Shoot Hoops (Basketball) 6:00 Reading Group	5 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:00 Pet Visits 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee & Cookies 4:00 Balloon Volleyball 6:00 Music Listening	6 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:30 Table Fun 1:45 Task Group 3:15 Trivia & Snacks 4:00 3 Ring Ball Toss 6:00 Reading Circle	7 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:15 Hand Massage Therapy 1:45 Chicken Soup for the Soul stories 3:15 Coffee & Cookies 4:00 Balloon Volleyball 6:00 Music Listening	8 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:00 Manicures 11:00 Reminisce Group 1:45 Helping Hands 3:15 Coffee & Cookies 4:00 Arm Exercise 6:00 Reading Circle Chair	9 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:00 Art & Craft Fun 1:45 Classic Movie & Snacks 3:00 Coffee & Cookies 3:15 The Good Old Days (Books) 4:00 Active Game 6:00 Lawrence Welk (TPT 2.3)
10 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee & Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening	11 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Make Music 3:15 Coffee & Cookies 4:00 Lets Shoot Hoops (Basketball) 6:00 Reading Group	12 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:00 Pet Visits 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee & Cookies 4:00 Balloon Volleyball 6:00 Music Listening	13 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:30 Table Fun 1:45 Task Group (Frosting Cake) 3:15 Trivia & Snacks 4:00 3 Ring Ball Toss 6:00 Reading Circle	14 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:15 Hand Massage Therapy 9:30 Look Good Feel Good 1:45 Chicken Soup for the Soul stories 3:15 Valentine's Party 4:00 Balloon Volleyball 6:00 Music Listening	15 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:00 Manicures 11:00 Reminisce Group 1:45 Helping Hands 3:15 Coffee & Cookies 4:00 Arm Exercise 6:00 Reading Circle	16 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:00 Art & Craft Fun 1:45 Classic Movie & Snacks 3:00 Coffee & Cookies 3:15 The Good Old Days (Books) 4:00 Active Game 6:00 Lawrence Welk (TPT 2.3)
17 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee & Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening	18 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Make Music 3:15 Coffee & Cookies 4:00 Lets Shoot Hoops (Basketball) 6:00 Reading Group	19 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:00 Pet Visits 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee & Cookies 4:00 Balloon Volleyball 6:00 Music Listening	20 8:30 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:30 Bake cake for Birthday Party 1:45 Task Group 3:15 Trivia & Snacks 4:00 3 Ring Ball Toss 6:00 Reading Circle	21 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:15 Hand Massage Therapy 1:45 Chicken Soup for the Soul stories 2:45 Birthday Party 4:00 Balloon Volleyball 6:00 Music Listening	22 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:00 Manicures 11:00 Reminisce Group 1:45 Helping Hands 3:15 Coffee & Cookies 4:00 Arm Exercise 6:00 Reading Circle	23 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:00 Art & Craft Fun 1:45 Classic Movie & Snacks 3:00 Coffee & Cookies 3:15 The Good Old Days (Books) 4:00 Active Game 6:00 Lawrence Welk (TPT 2.3)
24 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee & Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening	25 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Make Music 3:15 Coffee & Cookies 4:00 Lets Shoot Hoops (Basketball) 6:00 Reading Group	26 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:00 Pet Visits 1:45 Memory Time 2:45 Wine & Cheese Tasting 3:15 Coffee & Cookies 4:00 Balloon Volleyball 6:00 Music Listening	27 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good Feel Good 10:30 Table Fun 11:45 Home Made Bunch 1:45 Task Group 3:15 Trivia & Snacks 4:00 3 Ring Ball Toss 6:00 Reading Circle	28 9:00 Meet & Greet 9:30 Look Good Feel Good 11:00 Hand Massage Therapy 1:45 Chicken Soup for the Soul stories 3:15 Coffee & Cookies 4:00 Balloon Volleyball 6:00 Music Listening		Garden Cove 