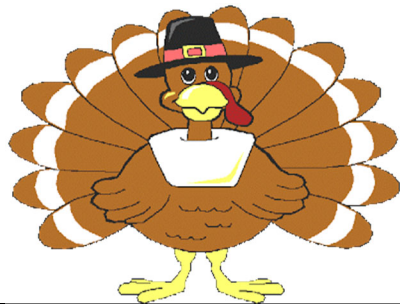





















November 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	<p>1</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:15 Ring Toss 1:45 Chicken Soup for the Soup Stories 2:30 Balloon Ball 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Reading Circle</p>	<p>2</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:00 Manicures 1:45 Memory Time 2:45 Trivia 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Music Listening</p> 	<p>3</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:15 Table Fun 1:45 Task Group 3:15 Snacks & Trivia 4:15 Arm Chair Exercise 6:00 Reading Circle</p>	<p>4</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:15 Hand Massage Therapy 1:15 Bing 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Music Listening</p>	<p>5</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 11:00 Reminisce Group 1:45 Helping Hands 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Reading Circle</p>	<p>6</p> <p>9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie & Refreshments 3:00 Coffee & Cookies 3:15 The Good Old Days 4:00 Active Games 6:00 Lawrence Welk (chan.2.3)</p>	
<p>7</p> <p>9:30 Look Good, Feel Good 10:00 Bible Stories 12:00 Vikings v Ravens FOX 1:45 Classic T.V. 3:00 Coffee & Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening</p> 	<p>8</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Reading Circle</p> 	<p>9</p> <p>8:00 Made to Order Breakfast 9:30 Look Good, Feel Good 10:00 Manicures 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Music Listening</p> 	<p>10</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:15 Table Fun 1:45 Task Group 3:15 Snacks & Trivia 4:15 Arm Chair Exercise 6:00 Reading Circle</p> 	<p>11</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:00 Veterans Day Program (CR) 1:15 Bingo 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Music Listening</p> 	<p>12</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 11:00 Reminisce Group 2:30 Celebrating Southview's (CR) 16th Anniversary 4:15 Arm Chair Exercise 6:00 Reading Circle</p>	<p>13</p> <p>9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie & Refreshments 3:00 Coffee & Cookies 3:15 The Good Old Days 4:00 Active Games 6:00 Lawrence Welk (chan.2.3)</p>	
<p>14</p> <p>9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee & Cookies 3:05 Vikings v Chargers FOX 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening</p> 	<p>15</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Chicken Soup for the Soul Stories 2:30 Lets Sing 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Reading Circle</p> 	<p>16</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:00 Manicures 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Music Listening</p>	<p>17</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:30 Table Fun 1:45 Task Group 2:15 Snacks and Trivia 4:15 Arm Chair Exercise 6:00 Reading Circle</p> 	<p>18</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:15 Bake Cake for Birthday Party 10:30 Hand Massage Therapy 1:45 Frost Cake 2:45 Birthday Party 4:15 Arm Chair Exercise 6:00 Music Listening</p> 	<p>19</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 11:00 Reminisce Group 1:45 Helping Hands 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Reading Circle</p>	<p>20</p> <p>9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie & Refreshments 3:00 Coffee & Cookies 3:15 The Good Old Days 4:00 Active Games 6:00 Lawrence Welk (chan.2.3)</p>	
<p>21</p> <p>9:30 Look Good, Feel Good 10:00 Bible Stories 12:00 Packers v Vikings FOX 1:45 Classic T.V. 3:00 Coffee & Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening</p> 	<p>22</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Coffee & Cookies 4:15 Ring Toss 6:00 Reading Circle</p> 	<p>23</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:00 Manicures 1:45 Memory Time 2:45 Puzzle Time 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Music Listening</p>	<p>24</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 1:45 Task Group 3:15 Snacks & Trivia 4:15 Arm Chair Exercise 6:00 Reading Circle</p> 			<p>27</p> <p>9:30 Look Good, Feel Good 10:15 Trim the Tree 1:45 Classic Movie & Refreshments 3:00 Coffee & Cookies 3:15 The Good Old Days 4:00 Active Games 6:00 Lawrence Welk (chan.2.3)</p> 	
<p>28</p> <p>9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee & Cookies 3:15 Current Events (Sunday Paper) 3:25 Vikings v 49er's FOX 4:00 Active Games 6:00 Music Listening</p> 	<p>29</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Chicken Soup for the Soul Stories 2:30 Lets Sing 3:15 Coffee & Cookies 4:15 Ring Toss 6:00 Reading Circle</p> 	<p>30</p> <p>8:15 Meet & Greet 9:30 Look Good, Feel Good 10:00 Manicures 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Music Listening</p>					<p style="text-align: center;">Garden Cove</p> 