

# November 2019



*Embracing life. Enriching lives.*

**Southview Senior Living**

1984 Oakdale Ave West St. Paul, MN 55118

Chef / Reservations: 651-312-4488

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| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY   |
|---|--|---|--|---|---|--|
| <p><b>Menu Subject To Seasonal Change</b></p> <p><b>All Menus Are Based On A 5 Week Seasonal Rotation</b></p> <p><b>Chef Is Available To Discuss Any Special Requests/Requirement</b></p> | <p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p><b>Meal Times</b><br/>7:30 - 9:30 Breakfast<br/>12:00-1:00PM Dinner<br/>5:00-6:00PM Supper</p>          |   | <p>November 21st</p> <p>Made to Order Breakfast<br/>Main Dining Room<br/>8 AM - 9 AM</p>   |   | <p><b>1</b></p> <p><b>Noontime Dinner</b><br/>Shrimp and Cheesy Grits<br/>OR<br/>Beef London Broil<br/><b>Evening Supper</b><br/>Fried Haddock with Asian Slaw<br/>OR<br/>Cheese Burger and Fries</p> | <p><b>2</b></p> <p><b>Noontime Dinner</b><br/>Beef Stroganoff<br/>OR<br/>Salmon Loaf<br/><b>Evening Supper</b><br/>Beef Taco Salad<br/>OR<br/>Fisherman Platter</p>                            |
| <p><b>3</b></p> <p><b>Noontime Dinner</b><br/>Smoked Beef Brisket<br/>OR<br/>Hot Turkey sandwich<br/><b>Evening Supper</b><br/>French Dip Sandwich<br/>OR<br/>MN Tater Tot Casserole</p>  | <p><b>4</b></p> <p><b>Noontime Dinner</b><br/>Sweet and Sour Chicken<br/>OR<br/>Pork Tenderloin<br/><b>Evening Supper</b><br/>Beef Cabbage Rolls<br/>OR<br/>Strawberry Chicken Salad</p>   | <p><b>5</b></p> <p><b>Noontime Dinner</b><br/>Spaghetti and Meatballs<br/>OR<br/>Grilled Salmon<br/><b>Evening Supper</b><br/>Beef Goulash<br/>OR<br/>Tuna Salad Fruit Plate</p>                                | <p><b>6</b></p> <p><b>Noontime Dinner</b><br/>Swedish Meatballs<br/>OR<br/>Battered Pollock<br/><b>Evening Supper</b><br/>Fish and Chips<br/>OR<br/>Chicken Enchiladas</p>     | <p><b>7</b></p> <p><b>Noontime Dinner</b><br/>Beef Stew<br/>OR<br/>Chicken Broccoli Casserole<br/><b>Evening Supper</b><br/>Beef Pot Roast<br/>OR<br/>Grilled Turkey Burger</p>               | <p><b>8</b></p> <p><b>Noontime Dinner</b><br/>Roast Prime Rib<br/>OR<br/>Cracker Crusted Walleye<br/><b>Evening Supper</b><br/>Cheese Stuffed Manicotti<br/>OR<br/>Coconut Shrimp</p>                 | <p><b>9</b></p> <p><b>Noontime Dinner</b><br/>Roasted Garlic Herb Tilapia<br/>OR<br/>Orange Chicken Stir Fry<br/><b>Evening Supper</b><br/>Tuna Noodle Casserole<br/>OR<br/>Beef Tacos</p>     |
| <p><b>10</b></p> <p><b>Noontime Dinner</b><br/>Fried Chicken<br/>OR<br/>Honey glazed Ham<br/><b>Evening Supper</b><br/>Meatball Hoagie<br/>OR<br/>Asian Chopped Chicken Salad</p>         | <p><b>11</b></p> <p><b>Noontime Dinner</b><br/>Beef Burritos<br/>OR<br/>Breaded Pork Cutlet<br/><b>Evening Supper</b><br/>Chicken Caesar Salad<br/>OR<br/>Grilled Hot Dogs</p>             | <p><b>12</b></p> <p><b>Noontime Dinner</b><br/>Shrimp Scampi<br/>OR<br/>Meatloaf Dinner<br/><b>Evening Supper</b><br/>Quiche Lorraine<br/>OR<br/>Stuffed Shells</p>   | <p><b>13</b></p> <p><b>Noontime Dinner</b><br/>Swiss Steak<br/>OR<br/>Blueberry Pancakes/Bacon<br/><b>Evening Supper</b><br/>Mushroom Swiss Burger<br/>OR<br/>Chicken Kiev</p> | <p><b>14</b></p> <p><b>Noontime Dinner</b><br/>Pork Roast w/Gravy<br/>OR<br/>Alaskan Halibut<br/><b>Evening Supper</b><br/>Breaded Chicken Sandwich<br/>OR<br/>Grilled Brats</p>              | <p><b>15</b></p> <p><b>Noontime Dinner</b><br/>Lobster Newburg<br/>OR<br/>Beef Tenderloin<br/><b>Evening Supper</b><br/>BBQ Pulled Brisket<br/>OR<br/>Beef Ravioli</p>                                | <p><b>16</b></p> <p><b>Noontime Dinner</b><br/>Teriyaki Chicken<br/>OR<br/>Ham Salad Sandwich<br/><b>Evening Supper</b><br/>Potato and Cheese Pierogi's<br/>OR<br/>Sausage or Cheese Pizza</p> |
| <p><b>17</b></p> <p><b>Noontime Dinner</b><br/>Steak Diane<br/>OR<br/>Pork Chops<br/><b>Evening Supper</b><br/>Fisherman Platter<br/>OR<br/>Chili Stuffed Bake Potato</p>                 | <p><b>18</b></p> <p><b>Noontime Dinner</b><br/>Crunchy Onion Chicken<br/>OR<br/>Almond Crusted Walleye<br/><b>Evening Supper</b><br/>Sloppy Joe's<br/>OR<br/>Tavern Battered Cod</p>       | <p><b>19</b></p> <p><b>Noontime Dinner</b><br/>Pecan Crusted Salmon<br/>OR<br/>Braised Red Wine Short Ribs<br/><b>Evening Supper</b><br/>Cheese Tortellini in Pesto Cream<br/>OR<br/>Boneless Chicken Wings</p> | <p><b>20</b></p> <p><b>Noontime Dinner</b><br/>Liver and Onions<br/>OR<br/>Beef Lasagna<br/><b>Evening Supper</b><br/>Sweet and Sour chicken<br/>OR<br/>Coconut Shrimp</p>     | <p><b>21</b></p> <p><b>Noontime Dinner</b><br/>Salisbury Steak<br/>OR<br/>Lemon Pepper Chicken<br/><b>Evening Supper</b><br/>BBQ Pulled Pork Sandwich<br/>OR<br/>Fried Chicken and Waffle</p> | <p><b>22</b></p> <p><b>Noontime Dinner</b><br/>Beef Wellington Casserole<br/>OR<br/>Crab Cakes with Hollandaise<br/><b>Evening Supper</b><br/>Club Sandwich<br/>OR<br/>Chicken and Dumplings</p>      | <p><b>23</b></p> <p><b>Noontime Dinner</b><br/>Chicken Alfredo<br/>OR<br/>Fried Shrimp Basket<br/><b>Evening Supper</b><br/>Bavarian Beef Tips<br/>OR<br/>Chicken Chow Mein</p>                |
| <p><b>24</b></p> <p><b>Noontime Dinner</b><br/>Beef Pot Roast<br/>OR<br/>Breaded Pollock<br/><b>Evening Supper</b><br/>Chipped Beef on Toast<br/>OR<br/>Chicken Salad Sandwich</p>        | <p><b>25</b></p> <p><b>Noontime Dinner</b><br/>Spaghetti and Meat sauce<br/>OR<br/>Sea Bass with Lemon Butter<br/><b>Evening Supper</b><br/>Rueben Sandwich<br/>OR<br/>Chicken Tenders</p> | <p><b>26</b></p> <p><b>Noontime Dinner</b><br/>Baked Orange Roughy<br/>OR<br/>Honey Mustard Pork Tenderloin<br/><b>Evening Supper</b><br/>Beer Battered Cod<br/>OR<br/>Cheese or Sausage Pizza</p>              | <p><b>27</b></p> <p><b>Noontime Dinner</b><br/>BBQ Country Ribs<br/>OR<br/>Salmon Burger<br/><b>Evening Supper</b><br/>Stuffed Cabbage Rolls<br/>OR<br/>Chicken Parmesan</p>   | <p><b>28</b></p> <p><b>Noontime Dinner</b> <br/>Turkey, Stuffing, Mash Potatoes<br/>Green Bean Cass., Cranberries<br/>Assort Desserts<br/><b>Evening Supper</b><br/>Box Lunches<br/>OR</p>    | <p><b>29</b></p> <p><b>Noontime Dinner</b><br/>Ribeye Steak<br/>OR<br/>Shrimp Alfredo<br/><b>Evening Supper</b><br/>Hamburger Corn Casserole<br/>OR<br/>Sausage and Cheese Egg Bake</p>               | <p><b>30</b></p> <p><b>Noontime Dinner</b><br/>Orange Chicken Stir Fry<br/>OR<br/>Cottage Pie<br/><b>Evening Supper</b><br/>Stuffed Green Peppers<br/>OR<br/>Corned Beef and Cabbage</p>       |