



# January 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Coffee and Cookies Everyday in the Sun Room At 2 pm</b>	<b>PLEASE CHECK DAILY POSTINGS FOR ANY SCHEDULE CHANGES</b>		2 9:00 Stretch & Strength Exercise(CR) 9:30 Wii Bowling (CR) 1:30 Cards 4th Floor Lounge 1:40-2:30 Manicures (L) 3:30 Horse Shoes (CR) 6:00 Dominoes (L)	3 9:00 Stretch & Strength Exercise (CR) 10:00 Chicken Foot Dominoes (L) 1:30 Movie "Patch Adams" Staring Robin Williams 6:00 Bingo Night (CR) 	4 8:00 Kare News Saturday (chan.11) 10:00 Cards 65 (L) 11:00 Catholic Mass (chan.291) 2:00 Coffee & Cookies (SR) 2:30 Movie "Mystery Movie" 6:00 Lawrence Welk (chan. 2.3) 
5 9:00 In Touch Worship (chan.5.2) 9:00 Meet the Press (chan.11) 11:00 Catholic Mass (chan.291) 1:30 Shut the Box Game (L) 2:00 Coffee & Cookies (SR) 3:15 7 Up 7 Down Cards (L)	6 9:00 Stretch & Strength Exercise(CR) 9:45 Cub Food Outing 9:30 Wii Bowling (CR) 1:40 Balloon Ball (CR) 2:30 Mexican Train Game (L) 3:30 Scattergories (CR) 6:00 Wii Bowling (CR)	7 9:00 Stretch & Strength Exercise(CR) 9:30 Wii Bowling (CR) 9:40 Cribbage (4th Floor Lounge) 10:00 Blood Pressure Checks (L) 10:15 Tea & Chat (L) 1:40-2:30 Bingo (CR) 3:30 Washer Ring Toss (CR) 6:00 Wii Bowling (CR)	8 9:00 Stretch & Strength Exercise (CR) 10:30 Rosary & Communion (CR) 1:15 7 Up 7 Down Cards (L) 1:30 Men's Pool (FC) 3:15 Happy Hour (CR)	9 9:00 Stretch & Strength Exercise(CR) 9:30 Wii Bowling (CR) 10:45 Out to Lunch "Machine Shed" 1:30 Cards 4th Floor Lounge 1:40-2:30 Hand Massage (L) 2:30 Worship Service (CR) 3:30 Bean Bag Toss (CR) 6:00 Dominoes (L) 	10 9:00 Stretch & Strength Exercise (CR) 10:00 Remembering our Friends (CR) With Thoughts and Prayers 1:40-2:30 Bingo (CR) 3:15 Chicken Foot Dominoes (L) 	11 8:00 Kare News Saturday (chan.11) 10:00 Cards 65 (L) 11:00 Catholic Mass (chan.291) 2:00 Coffee & Cookies (SR) 6:00 Lawrence Welk (chan. 2.3)
12 9:00 In Touch Worship (chan.5.2) 9:00 Meet the Press (chan.11) 11:00 Catholic Mass (chan.291) 1:30 Shut the Box Game (L) 2:00 Coffee & Cookies (SR) 3:15 7 Up 7 Down Cards (L)	13 9:00 Stretch & Strength Exercise (CR) 9:45 Aldi Food Outing 9:30 Wii Bowling (CR) 1:40 Balloon Ball(CR) 2:30 Mexican Train Game (L) 3:30 Scattergories (CR) 6:00 Wii Bowling (CR)	14 9:00 Stretch & Strength Exercise(CR) 9:30 Wii Bowling (CR) 9:40 Cribbage (4th Floor Lounge) 10:15 Tea & Chat (L) 1:40-2:30 Bingo (CR) 3:30 Washer Ring Toss (CR) 6:00 Wii Bowling (CR) 6:00 Dementia Support Group (L)	15 9:00 Stretch & Strength Exercise (CR) 10:30 Rosary & Communion (CR) 1:15 7 Up 7 Down Cards (L) 3:15 Chicken Foot Dominoes (L)	16 9:00 Stretch & Strength Exercise(CR) 9:30 Wii Bowling (CR) 9:45 Shopping Outing Target 1:30 Cards 4th Floor Lounge 1:40-2:30 Manicures (L) 2:30 Worship Service (CR) 3:30 Horse Shoes (CR) 6:00 Dominoes (L)	17 9:00 Stretch & Strength Exercise (CR) 10:00 Chicken Foot Dominoes (L) 1:40-2:30 Bingo (CR) 3:15 Hand Massage Therapy (L) 	18 8:00 Kare News Saturday (chan.11) 10:00 Cards 65 (L) 11:00 Catholic Mass (chan.291) 2:00 Coffee & Cookies (SR) 2:30 Movie "Mystery Movie" 6:00 Lawrence Welk (chan. 2.3) 
19 9:00 In Touch Worship (chan.5.2) 9:00 Meet the Press (chan.11) 11:00 Catholic Mass (chan.291) 1:30 Shut the Box Game (L) 2:00 Coffee & Cookies (SR) 3:15 7 Up 7 Down Cards (L)	20 9:00 Stretch & Strength Exercise (CR) 9:45 Walmart Outing Inver Grove 9:30 Wii Bowling (CR) 1:40 Balloon Ball (CR) 2:30 Mexican Train Game (L) 3:30 Scattergories (CR) 6:00 Wii Bowling (CR)	21 9:00 Stretch & Strength Exercise(CR) 9:15 Treasurer Island Casino 9:30 Wii Bowling (CR) 9:40 Cribbage (4th Floor Lounge) 10:00 Blood Pressure Checks (L) 10:15 Tea & Chat (L) 1:40-2:30 Bingo (CR) 3:30 Washer Ring Toss (CR) 6:00 Wii Bowling (CR)	22 9:00 Stretch & Strength Exercise (CR) 10:30 Rosary & Communion (CR) 1:15 7 Up 7 Down Cards (L) 3:00 Happy Hour Entertainment with Bob the Beachcomber	23 9:00 Stretch & Strength Exercise(CR) 9:30 Wii Bowling (CR) 9:45 Dollar Tree Inver Grove 1:30 Cards 4th Floor Lounge 1:40-2:30 Manicures (L) 2:30 Worship Service (CR) 3:30 Bean Bag Toss (CR) 6:00 Dominoes (L)	24 9:00 Stretch & Strength Exercise (CR) 10:00 Chicken Foot Dominoes (L) 1:40-2:30 Bingo (CR) 3:15 Hand Massage Therapy (L) 	25 8:00 Kare News Saturday (chan.11) 10:00 Cards 65 (L) 11:00 Catholic Mass (chan.291) 2:00 Coffee & Cookies (SR) 2:00 Movie "God's Country" 6:00 Lawrence Welk (chan. 2.3) 
26 9:00 In Touch Worship (chan.5.2) 9:00 Meet the Press (chan.11) 11:00 Catholic Mass (chan.291) 1:30 Shut the Box Game (L) 2:00 Coffee & Cookies (SR) 3:15 7 Up 7 Down Cards (L)	27 9:00 Stretch & Strength Exercise (CR) 9:30 CubFood Outing 9:30 Wii Bowling (CR) 1:40 Balloon Ball (CR) 2:30 Mexican Train Game (L) 3:30 Scattergories (CR) 6:00 Wii Bowling (CR)	28 9:00 Stretch & Strength Exercise(CR) 9:30 Wii Bowling (CR) 9:40 Cribbage (4th Floor Lounge) 10:15 Tea & Chat (L) 1:40-2:30 Bingo (CR) 3:30 Wine & Cheese Tasting (CR) 6:00 Wii Bowling (CR) 	29 9:00 Stretch & Strength Exercise (CR) 10:30 Catholic Mass (CR) 1:15 7 Up 7 Down Crds (L) 3:00 Sunshine Group (CR) Help setting up for Breakfast 3:30 Chicken Foot Dominoes (L)	30 8:00 Made to Order Breakfast (CR) 9:30 Wii Bowling (CR) 1:30 Cards 4th Floor Lounge 1:40-2:30 Hand Massage Therapy(L) 2:30 Worship Service 6:00 Dominoes (L) 	31 9:00 Stretch & Strength Exercise (CR) 10:00 Chicken Foot Dominoes (L) 11:45 Sunshine Group (CR) Help setting up for Birthday Party 2:00 Birthday Party (CR) 	<b>Southview Senior Living Community Room = (CR) Sunroom = (SR) Library = (L) Fitness Center = (FC) Granny's Attic=(GA)</b>