



















May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<p>1 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:30 Table Fun 1:45 Task Group 3:15 Snacks & Trivia 4:00 7th Inning Stretch 6:00 Reading Group</p>	<p>2 8:15 Meet & Greet 9:00 Stretch & Strength 9:30 Look Good, Feel Good 10:15 Hand Massage Therapy 1:45 Chicken Soup for the Soul stories 2:45 You Pick a Game 3:15 Coffee & Cookies 4:00 Balloon Volleyball 6:00 Music Listening</p>	<p>3 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Manicures 11:00 Reminisce Group 1:45 Helping Hands 3:15 Coffee & Cookies 4:00 Arm Chair Exercise 6:00 Reading Circle</p>	<p>4 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie & Refreshments 3:00 Coffee & Cookies 3:15 The Good Old Days (Books) 4:00 Active Games 6:00 Lawrence Welk (TPT 2.3)</p>
<p>5 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee & Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening</p> 	<p>6 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Coffee & Cookies 4:00 Ring Toss 6:00 Reading Circle</p> 	<p>7 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Pet Visits 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee & Chat 4:00 Balloon Volleyball 6:00 Bingo</p> 	<p>8 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:30 Make Flowers 1:45 Task Group 3:15 Snacks & Trivia 4:00 7th Inning Stretch 6:00 Reading Group</p> 	<p>19 8:15 Meet & Greet 9:00 Stretch & Strength 9:30 Look Good, Feel Good 10:15 Hand Massage Therapy 1:45 Chicken Soup for the Soul stories 2:45 You Pick a Game 3:15 Coffee & Cookies 4:00 Balloon Volleyball 6:00 Music Listening</p>	<p>10 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Manicures 11:00 Reminisce Group 1:45 Helping Hands 3:15 Coffee & Cookies 4:00 Arm Chair Exercise 6:00 Reading Circle</p>	<p>11 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie & Refreshments 3:00 Coffee & Cookies 3:15 The Good Old Days (Books) 4:00 Active Games 6:00 Lawrence Welk (TPT 2.3)</p>
<p>12</p>  <p>9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Mother's Day Celebration 4:00 Active Games 6:00 Music Listening</p>	<p>13 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Coffee & Cookies 4:00 Ring Toss 6:00 Reading Circle</p> 	<p>14 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Pet Visits 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee & Chat 4:00 Balloon Volleyball 6:00 Bingo 6:00 Dementia Support Group Meets in the Library</p>	<p>15 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:30 Table Fun 1:45 Task Group 3:15 Snacks & Trivia 4:00 7th Inning Stretch 6:00 Reading Group</p>	<p>16 8:15 Meet & Greet 9:00 Stretch & Strength 9:30 Look Good, Feel Good 10:15 Hand Massage Therapy 1:45 Chicken Soup for the Soul stories 2:45 You Pick a Game 3:15 Coffee & Cookies 4:00 Balloon Volleyball 6:00 Music Listening</p>	<p>17 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Manicures 11:00 Reminisce Group 1:45 Helping Hands 3:15 Coffee & Cookies 4:00 Arm Chair Exercise 6:00 Reading Circle</p>	<p>18 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie & Refreshments 3:00 Coffee & Cookies 3:15 The Good Old Days (Books) 4:00 Active Games 6:00 Lawrence Welk (TPT 2.3)</p>
<p>19 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee & Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening</p> 	<p>20 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Coffee & Cookies 4:00 Ring Toss 6:00 Reading Circle</p> 	<p>21 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Pet Visits 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee & Chat 4:00 Balloon Volleyball 6:00 Bingo</p> 	<p>22 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:30 Bake Cake for Birthday Party 1:45 Task Group 3:15 Snacks & Trivia 4:00 7th Inning Stretch 6:00 Reading Group</p> 	<p>24 8:15 Meet & Greet 9:00 Stretch & Strength 9:30 Look Good, Feel Good 10:15 Hand Massage Therapy 1:45 Chicken Soup for the Soul stories 2:45 Birthday Party 3:15 Coffee & Cookies 4:00 Balloon Volleyball 6:00 Music Listening</p> 	<p>24 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Manicures 11:00 Reminisce Group 1:45 Helping Hands 3:15 Coffee & Cookies 4:00 Arm Chair Exercise 6:00 Reading Circle</p>	<p>25 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie & Refreshments 3:00 Coffee & Cookies 3:15 The Good Old Days (Books) 4:00 Active Games 6:00 Lawrence Welk (TPT 2.3)</p>
<p>26 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee & Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening</p> 	<p>27 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Memorial Day 4:00 Ring Toss 6:00 Reading Circle</p> 	<p>28 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Pet Visits 1:45 Memory Time 2:45 Wine & Cheese Tasting 3:15 Coffee & Chat 4:00 Balloon Volleyball 6:00 Bingo</p> 	<p>29 8:15 Meet & Greet 9:00 Stretch & Strength Exercise 9:30 Look Good, Feel Good 10:00 Prepare for Brunch 12:00 Brunch 1:45 Task Group 3:15 Snacks & Trivia 4:00 7th Inning Stretch 6:00 Reading Group</p> 	<p>30 8:15 Meet & Greet 9:00 Stretch & Strength 9:30 Look Good, Feel Good 11:00 Hand Massage Therapy 1:45 Chicken Soup for the Soul stories 2:45 You Pick a Game 3:15 Coffee & Cookies 4:00 Balloon Volleyball 6:00 Music Listening</p>	<p>31 9:00 Meet & Greet 9:30 Look Good, Feel Good 10:00 Manicures 11:00 Reminisce Group 1:45 Helping Hands 3:15 Coffee & Cookies 4:00 Arm Chair Exercise 6:00 Reading Circle</p>	<p>Garden Cove</p> 