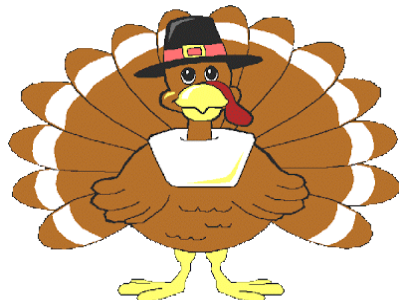
















November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			<p>1 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:15 Table Fun 1:45 Task Group 3:15 Snacks & Trivia 4:15 Arm Chair Exercise 6:00 Reading Circle</p>	<p>2 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:15 Hand Massage Therapy 10:30 Rosary (L) 12:00 Covid Shots 1:15 Bingo 3:15 Coffee & Cookies 4:15 Arm Chair Exercise</p> 	<p>3 8:30 Meet & Greet 9:30 Look Good, Feel Good 11:00 Reminisce Group 2:00 Celebrating our 18th Anniversary (CR) 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Reading Circle</p> 	<p>4 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie 3:00 Coffee & Cookies 3:15 The Good Old Days 4:00 Active Games 6:00 Lawrence Welk (chan.2.3)</p>	
<p>5 9:00 Catholic Communion (L) 9:30 Look Good, Feel Good 10:00 Bible Stories 3:00 Coffee & Cookies 3:15 Current Events 4:00 Active Games 6:00 Music Listening</p>	<p>6 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Reading Circle</p> 	<p>7 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 2:45 Sensory Adventures 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Music Listening</p>	<p>8 8:00 Made to Order Breakfast 9:30 Look Good, Feel Good 10:15 Table Fun 2:30 Birthday Party (CR) 4:15 Arm Chair Exercise 6:00 Reading Circle</p> 	<p>9 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:30 Rosary (CR) 11:30 or 12:00 Podiatry 1:15 Bingo 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Music Listening</p> 	<p>10 8:30 Meet & Greet 9:30 Look Good, Feel Good 11:00 Reminisce Group 2:00 Veteran's Day (CR) Program, Entertainment 4:15 Arm Chair Exercise 6:00 Reading Circle</p> 	<p>11 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie 3:00 Coffee & Cookies 3:15 The Good Old Days 4:00 Active Games 6:00 Lawrence Welk (chan.2.3)</p>	
<p>12 9:00 Catholic Communion (L) 9:30 Look Good, Feel Good 10:00 Bible Stories 3:00 Coffee & Cookies 3:15 Current Events 4:00 Active Games 6:00 Music Listening</p>	<p>13 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Chicken Soup Stories 2:30 Lets Sing 3:15 Coffee & Cookies 4:15 Arm Chair Exercise</p> 	<p>14 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 2:45 Sensory Adventures 3:15 Coffee & Cookies 4:15 Arm Chair Exercise</p>	<p>15 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:30 Table Fun 1:45 Task Group 2:15 Snacks and Trivia 4:15 Arm Chair Exercise 6:00 Reading Circle</p>	<p>16 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:30 Rosary (CR) 10:30 Hand Massage Therapy 2:00-4:00 Goodbye Party for Tiffany 6:00 Music Listening</p>	<p>17 8:30 Meet & Greet 9:30 Look Good, Feel Good 11:00 Reminisce Group 1:45 Helping Hands 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Reading Circle</p>	<p>18 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie 3:00 Coffee & Cookies 3:15 The Good Old Days 4:00 Active Games 6:00 Lawrence Welk</p>	
<p>19 9:00 Catholic Communion (L) 9:30 Look Good, Feel Good 10:00 Bible Stories 3:00 Coffee & Cookies 3:15 Current Events 4:00 Active Games 6:00 Music Listening</p>	<p>20 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Coffee & Cookies 4:15 Ring Toss 6:00 Reading Circle</p> 	<p>21 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 2:45 Puzzle Time 3:15 Coffee & Cookies 4:15 Arm Chair Exercise 6:00 Music Listening</p>	<p>22 8:30 Meet & Greet 9:30 Look Good, Feel Good 1:45 Task Group 3:15 Snacks & Trivia 4:15 Arm Chair Exercise 6:00 Reading Circle</p> 			<p>25 9:30 Look Good, Feel Good 10:00 Art Fun 3:00 Coffee & Cookies 3:15 The Good Old Days 4:00 Active Games 6:00 Lawrence Welk (chan.2.3)</p>	
<p>26 9:00 Catholic Communion (L) 9:30 Look Good, Feel Good 10:00 Bible Stories 3:00 Coffee & Cookies 3:15 Current Events 4:00 Active Games 6:00 Music Listening</p>	<p>27 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:15 Table Games 1:45 Chicken Soup Stories 2:30 Lets Sing 3:15 Coffee & Cookies 4:15 Ring Toss</p> 	<p>28 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 2:45 Sensory Adventures 3:15 Coffee & Cookies 4:15 Arm Chair Exercise</p>	<p>29 8:30 Meet & Greet 9:30 Look Good, Feel Good 1:45 Task Group 3:15 Snacks & Trivia 4:15 Arm Chair Exercise 6:00 Reading Circle</p>	<p>30 8:30 Meet & Greet 9:30 Look Good, Feel Good 10:30 Catholic Mass (CR) 10:30 Hand Massage Therapy 4:15 Arm Chair Exercise 6:00 Music Listening</p>			<p style="text-align: center;">Garden Cove</p> 