


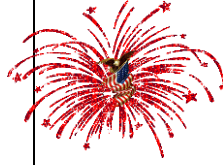
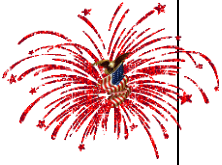



# July 2021

**SOUTHVIEW**  
SENIOR COMMUNITIES

*Embracing life. Enriching lives.*

**Southview Senior Living**  
1984 Oakdale Ave West St. Paul, MN 55118  
Chef / Reservations: 651-312-4488  
Email: [hollyt@southviewseniorliving.com](mailto:hollyt@southviewseniorliving.com)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Menu Subject To Seasonal Change</b></p> <p><b>All Menus Are Based On A 5 Week Seasonal Rotation</b></p> <p><b>Chef Is Available To Discuss Any Special Requests/Requirement</b></p>	<p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p><b>Meal Times</b> 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper</p>		<p>July 1st, 2021</p> <p>Made to Order Breakfast Main Dining Room 8 AM - 9 AM</p> 	<p>Independence Day</p> 		
				<p>1</p> <p><b>Noontime Dinner</b> Cheese Stuffed Shells OR Korean Pork Steak <b>Evening Supper</b> Deli Ham and Swiss Sandwich OR Deep Fried Tempura Shrimp</p>	<p>2</p> <p><b>Noontime Dinner</b> Southwest Flank Steak Salad OR Deep Fried Walleye Bites <b>Evening Supper</b> Tuna Fish Sandwich OR French Toast with Bacon</p>	<p>3</p> <p><b>Noontime Dinner</b> Open Faced Turkey Sandwich OR Homestyle Short Ribs <b>Evening Supper</b> Hot Dago Sandwich OR Chicken Pasta Salad</p>
<p>4 Independence Day</p> <p><b>Noontime Dinner</b> Fried Chicken OR Bacon Cheese Burger <b>Evening Supper</b> Manicotti in Red Sauce OR Grilled Bratwurst</p>	<p>5</p> <p><b>Noontime Dinner</b> Pecan Crusted Chicken Salad OR Roasted Garlic Lemon Cod <b>Evening Supper</b> Sweet and Sour Chicken OR Cream Chip Beef over Toast</p>	<p>6</p> <p><b>Noontime Dinner</b> Honey Garlic Baked Pork Bites OR Corned Beef <b>Evening Supper</b> BBQ Beef Brisket Sandwich OR Cobb Salad</p>	<p>7</p> <p><b>Noontime Dinner</b> Chicken Fajitas OR Deep Fried Butterfly Shrimp <b>Evening Supper</b> Waffles with Sausage OR Beef Cabbage Roll</p>	<p>8</p> <p><b>Noontime Dinner</b> Bourbon Glazed Grilled Chicken OR Open Faced Meatloaf Sandwich <b>Evening Supper</b> Stuffed Green Peppers OR Turkey Sandwich</p>	<p>9</p> <p><b>Noontime Dinner</b> Beef Burgundy OR Pesto Glazed Salmon <b>Evening Supper</b> Pork Chow Mein OR Philly Cheese Steak Burger</p>	<p>10</p> <p><b>Noontime Dinner</b> BBQ Pork Spare Ribs OR Chicken Fettuccini Alfredo <b>Evening Supper</b> Tatar-tot Hotdish OR BLT Sandwich with Basil Mayo</p>
<p>11</p> <p><b>Noontime Dinner</b> Swiss Steak in Tomato Gravy OR Pork Roast <b>Evening Supper</b> Denver style Scrambled Eggs OR Chicken and Spätzle Dumplings</p>	<p>12</p> <p><b>Noontime Dinner</b> BBQ Bacon Cheddar Chicken OR Coconut Crusted Tilapia <b>Evening Supper</b> Beef Tips in Gravy OR Ham Pasta Salad</p>	<p>13</p> <p><b>Noontime Dinner</b> Shrimp Scampi OR Oriental Chicken Salad <b>Evening Supper</b> Beef Ravioli OR BBQ Boneless Chicken Wings</p>	<p>14</p> <p><b>Noontime Dinner</b> BBQ Lunch  <b>Evening Supper</b> Sloppy Joe OR Garlic Ginger Sticky Pork</p>	<p>15</p> <p><b>Noontime Dinner</b> Smothered Pork Chops OR Chicken Fritter w/ Country <b>Evening Supper</b> White Sauce Vegetable Lasagna OR Muffuletta Sandwich</p>	<p>16</p> <p><b>Noontime Dinner</b> Beef Stroganoff OR Flour Dusted Sole <b>Evening Supper</b> Chicken Quesadilla OR Pancakes with Bacon</p>	<p>17</p> <p><b>Noontime Dinner</b> BBQ Beef Brisket OR Chicken Kiev <b>Evening Supper</b> Personal Chicken Alfredo Pizza OR Mushroom Swiss Burger</p>
<p>18</p> <p><b>Noontime Dinner</b> Honey Glazed Ham OR Beef Roast <b>Evening Supper</b> Corn Beef Hash &amp; Scrambled Egg OR Italian Sub Sandwich</p>	<p>19</p> <p><b>Noontime Dinner</b> Spaghetti and Meatballs OR Chicken Chow Mein <b>Evening Supper</b> Chicken Fingers OR Hamburger Gravy</p>	<p>20</p> <p><b>Noontime Dinner</b> BBQ Pork Shanks OR Beef Taco Salad <b>Evening Supper</b> Turkey Wild Rice Casserole OR Grilled Ham &amp; Swiss</p>	<p>21</p> <p><b>Noontime Dinner</b> Crunchy Onion Chicken OR Beer Battered Cod <b>Evening Supper</b> Grilled Chicken Caesar Salad OR Steak Fajitas</p>	<p>22</p> <p><b>Noontime Dinner</b> Kielbasa OR Mango Salsa Chicken <b>Evening Supper</b> Ham Salad Sandwich OR Lobster Ravioli and Alfredo</p>	<p>23</p> <p><b>Noontime Dinner</b> Honey Mustard Salmon OR BBQ Chicken Salad <b>Evening Supper</b> California Burger OR Fish Tacos</p>	<p>24</p> <p><b>Noontime Dinner</b> Turkey Dinner OR Country Fried Chicken <b>Evening Supper</b> Home Made Chili OR Pesto Chicken Pita Pocket</p>
<p>25</p> <p><b>Noontime Dinner</b> Salisbury Steak in Mushroom Gravy OR Cracker Crumb Haddock <b>Evening Supper</b> BBQ Chicken Pizza OR Beef Hot Dog</p>	<p>26</p> <p><b>Noontime Dinner</b> Cheese Tortellini in Marinara OR BBQ Grilled Chicken <b>Evening Supper</b> Sausage Gravy over Biscuit OR Egg Salad Sandwich</p>	<p>27</p> <p><b>Noontime Dinner</b> Pecan Crusted Tilapia OR Rhubarb Chutney Pork Tenderloin <b>Evening Supper</b> Soft Shell Taco OR French Toast with Sausage</p>	<p>28</p> <p><b>Noontime Dinner</b> Beef Stir-fry OR Lasagna Roll up in Marinara <b>Evening Supper</b> Deli Sub Sandwich OR Beef Stew</p>	<p>29</p> <p><b>Noontime Dinner</b> Coconut Shrimp Berry Salad OR Jack Daniels Roasted Pork Loin <b>Evening Supper</b> Cold Seafood Pasta Salad OR Chicken Enchilada in Red Sauce</p>	<p>30</p> <p><b>Noontime Dinner</b> Korean Style Beef Short Ribs OR Pan Fried Walleye <b>Evening Supper</b> Grilled Cheese OR Grandmas Beef Goulash</p>	<p>31</p> <p><b>Noontime Dinner</b> Chicken Cordon Bleu OR Mushroom Swiss Burger <b>Evening Supper</b> Personal Meat Pizza OR Chicken Salad Croissant</p>