

# November 2021



Southview Senior Living  
 1984 Oakdale Ave West St. Paul, MN 55118  
 Chef / Reservations: 651-312-4488  
 Email: hollyt@southviewseniorliving.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please Make Reservations For All Guests. Advanced Notice is Appreciated. <b>Meal Times</b> 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper	<b>1</b> <b>Noontime Dinner</b> Spaghetti and Meatballs OR Oven Baked Tilapia <b>Evening Supper</b> Stuffed Cabbage Roll OR Cobb Salad	<b>2</b> <b>Noontime Dinner</b> Bacon Wrapped Turkey Breast OR Beef Taco Salad <b>Evening Supper</b> Chicken Strips w/Honey Mustard OR Hamburger Gravy over Mashed	<b>3</b> <b>Noontime Dinner</b> Butterfly Shrimp OR Kielbasa <b>Evening Supper</b> Sloppy Joe OR Turkey Wild Rice Casserole	<b>4</b> <b>Noontime Dinner</b> Bourbon Glazed Pork Tenderloin OR Crunchy Onion Chicken <b>Evening Supper</b> Sausage Gravy over Biscuit OR Pesto Chicken Pita Pocket	<b>5</b> <b>Noontime Dinner</b> Baked Barramundi OR BBQ Chicken Salad <b>Evening Supper</b> California Burger OR Fish Tacos	<b>6</b> <b>Noontime Dinner</b> Open Faced Turkey Sandwich OR Country Fried Steak <b>Evening Supper</b> Home Made Chili OR Ham Salad Sandwich
	<b>7</b> <b>Noontime Dinner</b> Salisbury Steak in Mushroom Gravy OR Cracker Crumb Haddock <b>Evening Supper</b> BBQ Chicken Pizza OR Beef Hot Dog	<b>8</b> <b>Noontime Dinner</b> Cheese Tortellini in Marinara OR BBQ Grilled Chicken <b>Evening Supper</b> French Toast with Sausage OR Egg Salad Sandwich	<b>9</b> <b>Noontime Dinner</b> Pecan Crusted Tilapia OR Jack Daniels Roasted Pork Loin <b>Evening Supper</b> Soft Shell Taco OR Garlic Parmesan Chicken Wings	<b>10</b> <b>Noontime Dinner</b> Beef Stir-fry OR Coconut Shrimp Berry Salad <b>Evening Supper</b> Deli Meat Sub Sandwich OR Beef Stew	<b>11</b> <b>Noontime Dinner</b> Pork Tenderloin w/Herb Sauce OR Korean Style Beef Short Ribs <b>Evening Supper</b> Cold Seafood Pasta Salad OR Chicken Enchilada in Red Sauce	<b>12</b> <b>Noontime Dinner</b> Stuffed Turkey Breast OR Pan Fried Walleye <b>Evening Supper</b> Grilled Cheese OR Beef Stroganoff
<b>14</b> <b>Noontime Dinner</b> Meat Loaf OR Country Style BBQ Pork Ribs <b>Evening Supper</b> Breaded Chicken Sandwich OR Spaghetti Bolognese	<b>15</b> <b>Noontime Dinner</b> Herb Roasted Chicken OR Brisket with Bourbon Sauce <b>Evening Supper</b> Stuffed Green Peppers OR Polish Sausage	<b>16</b> <b>Noontime Dinner</b> Lemon Pepper Tilapia OR Chicken Cacciatore <b>Evening Supper</b> Swedish Meatballs OR Chicken Fajitas	<b>17</b> <b>Noontime Dinner</b> Breaded Pork Chop OR Roast Beef Sandwich <b>Evening Supper</b> Scrambled Eggs and Ham OR Shrimp Fettuccini Alfredo	<b>18</b> <b>Noontime Dinner</b> Cheese Stuffed Shells OR BBQ Pork Bites <b>Evening Supper</b> Mongolian Beef Bowl OR Turkey Ala King	<b>19</b> <b>Noontime Dinner</b> Southwest Flank Steak OR Pesto Glazed Salmon <b>Evening Supper</b> Tuna Fish Sandwich OR Waffles with Bacon	<b>20</b> <b>Noontime Dinner</b> Fried Chicken OR Bacon Cheese Burger <b>Evening Supper</b> Hot Dago Sandwich OR Chicken Pasta Salad
<b>21</b> <b>Noontime Dinner</b> Grilled Bourbon Glazed Chicken OR Homestyle Short Ribs <b>Evening Supper</b> Manicotti in Red Sauce OR Grilled Bratwurst	<b>22</b> <b>Noontime Dinner</b> Oriental Chicken Salad OR Roasted Garlic Lemon Cod <b>Evening Supper</b> Sweet and Sour Chicken OR Cream Chip Beef over Toast	<b>23</b> <b>Noontime Dinner</b> Beef Tenderloin w/Mshrms & Onions OR Turkey Pot Pie <b>Evening Supper</b> BBQ Beef Brisket Sandwich OR Boneless BBQ Chicken Wings	<b>24</b> <b>Noontime Dinner</b> Chicken Chow Mein OR Pork Carnitas Tacos <b>Evening Supper</b> White Sauce Vegetable Lasagna OR Mushroom Swiss Burger	<b>25 Thanksgiving</b> <b>Noontime Dinner</b> Turkey Dinner OR Ham Dinner <b>Evening Supper</b> Cold Box Delivery Roast Beef & Swiss Sandwich with Chips, Fruit Cup and Cookie	<b>26</b> <b>Noontime Dinner</b> Beef Burgundy OR Deep Fried Walleye Bites <b>Evening Supper</b> Deep Fried Tempura Shrimp OR Grilled Chicken Caesar Salad	<b>27</b> <b>Noontime Dinner</b> BBQ Pork Spare Ribs OR Chicken Kiev <b>Evening Supper</b> Tatar-tot Hotdish OR BLT Sandwich with Basil Mayo
<b>28</b> <b>Noontime Dinner</b> Swiss Steak in Tomato Gravy OR Pork Roast <b>Evening Supper</b> Denver Style Scrambled Eggs OR Chicken and Spätzle Dumplings	<b>29</b> <b>Noontime Dinner</b> BBQ Bacon Cheddar Chicken OR Coconut Crusted Tilapia <b>Evening Supper</b> Beef Pot Pie OR Garden Club Sandwich	<b>30</b> <b>Noontime Dinner</b> Orange Rosemary Chicken OR Pork Tenderloin with Fall Chutney <b>Evening Supper</b> Sausage Egg and Cheese Sandwich OR Taco Lasagna Bake	<b>Menu Subject To Seasonal Change</b>  <b>All Menus Are Based On A 5 Week Seasonal Rotation</b>  <b>Chef Is Available To Discuss Any Special Requests/Requirement</b>		<b>4-Nov-21</b>  <b>Made to Order Breakfast</b> <b>Main Dining Room</b> <b>8 AM - 9 AM</b> 	