



# January 2023



Sun

Mon















Tue

Wed

Thu

Fri

Sat

<p><b>1</b> 9:00 Catholic Communion (L) 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee &amp; Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening</p>	<p><b>2</b> 8:30 Meet &amp; Greet 9:30 Look Good Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Cookies &amp; Coffee 4:00 Ring Toss 6:00 Reading Circle</p>	<p><b>3</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee &amp; Cookies 4:00 Balloon Volleyball 6:00 Music Listening</p>	<p><b>4</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 10:15 Table Fun 1:45 Task Group 3:15 Snacks &amp; Trivia 4:00 7th Inning Stretch 6:00 Reading Circle</p>	<p><b>5</b> 8:00 Made to Order Breakfast 9:30 Look Good, Feel Good 11:00 Hand Massage Therapy 1:40 Bingo 3:15 Coffee &amp; Chat 4:00 Balloon Volleyball 6:00 Music Listening</p> <p style="text-align: center;"></p>	<p><b>6</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 11:00 Reminisce Group 1:45 Helping Hands 3:00 Happy Hour (CR) 3:15 Coffee &amp; Visit 4:00 Arm Chair Exercise 6:00 Reading Circle</p>	<p><b>7</b> 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie &amp; Refreshments 3:00 Coffee &amp; Cookies 3:15 Good Old Days (Book) 4:00 Active Games 6:00 Lawrence Welk (TPT 2.3)</p>
<p><b>8</b> 9:00 Catholic Communion (L) 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee &amp; Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening</p>	<p><b>9</b> 8:30 Meet &amp; Greet 9:30 Look Good Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Cookies &amp; Coffee 4:00 Ring Toss 6:00 Reading Circle</p> <p style="text-align: right;"></p>	<p><b>10</b> 8:15 Meet &amp; Greet 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee &amp; Cookies 4:00 Balloon Volleyball 6:00 Music Listening</p> <p style="text-align: right;"></p>	<p><b>11</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 10:15 Table Fun 1:45 Task Group 2:00 Birthday Party (CR) 4:00 7th Inning Stretch 6:00 Reading Circle</p> <p style="text-align: right;"></p>	<p><b>12</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 10:00 Hand Massage Therapy 1:40 Bingo 2:45 You Pick a Game 3:15 Coffee &amp; Chat 4:00 Balloon Volleyball 6:00 Music Listening</p> <p style="text-align: right;"></p>	<p><b>13</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 11:00 Reminisce Group 1:45 Helping Hands 3:00 Happy Hour (CR) 3:15 Coffee &amp; Visit 4:00 Arm Chair Exercise 6:00 Reading Circle</p>	<p><b>14</b> 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie &amp; Refreshments 3:00 Coffee &amp; Cookies 3:15 Good Old Days (Book) 4:00 Active Games 6:00 Lawrence Welk (TPT 2.3)</p>
<p><b>15</b> 9:00 Catholic Communion (L) 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee &amp; Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening</p>	<p><b>16</b> 8:30 Meet &amp; Greet 9:30 Look Good Feel Good 10:15 Table Game 12:00 Valentine's Lunch (DR) 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Cookies &amp; Coffee 4:00 Ring Toss 6:00 Reading Circle</p> <p style="text-align: right;"></p>	<p><b>17</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee &amp; Cookies 4:00 Balloon Volleyball 6:00 Music Listening</p> <p style="text-align: right;"></p>	<p><b>18</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 10:15 Table Fun 1:45 Chicken Soup for the Soul Stories 3:15 Snacks &amp; Trivia 4:00 7th Inning Stretch 6:00 Reading Circle</p> <p style="text-align: right;"></p>	<p><b>19</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 10:00 Hand Massage Therapy 1:40 Bingo 3:15 Coffee &amp; Chat 4:00 Balloon Volleyball 6:00 Music Listening</p>	<p><b>20</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 11:00 Reminisce Group 1:45 Helping Hands 3:00 Happy Hour (CR) 3:15 Coffee &amp; Visit 4:00 Arm Chair Exercise 6:00 Reading Circle</p>	<p><b>21</b> 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie &amp; Refreshments 3:00 Coffee &amp; Cookies 3:15 Good Old Days (Book) 4:00 Active Games 6:00 Lawrence Welk (TPT 2.3)</p>
<p><b>22</b> 9:00 Catholic Communion (L) 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee &amp; Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening</p>	<p><b>23</b> 8:30 Meet &amp; Greet 9:30 Look Good Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Cookies &amp; Coffee 4:00 Ring Toss 6:00 Reading Circle</p> <p style="text-align: right;"></p>	<p><b>24</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee &amp; Cookies 4:00 Balloon Volleyball 6:00 Music Listening</p> <p style="text-align: right;"></p>	<p><b>25</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 10:15 Table Fun 1:45 Task Group 3:15 Snacks &amp; Trivia 4:00 7th Inning Stretch 6:00 Reading Circle</p> <p style="text-align: right;"></p>	<p><b>26</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 10:00 Hand Massage Therapy 1:40 Bingo 2:45 You Pick a Game 3:15 Coffee &amp; Chat 4:00 Balloon Volleyball 6:00 Music Listening</p>	<p><b>27</b> 8:30 Meet &amp; Greet 9:00 Stretch &amp; Strength Exercise 9:30 Look Good, Feel Good 11:00 Reminisce Group 1:45 Helping Hands 3:00 Happy Hour (CR) 3:15 Coffee &amp; Visit 4:00 Arm Chair Exercise 6:00 Reading Circle</p>	<p><b>28</b> 9:30 Look Good, Feel Good 10:00 Art Fun 1:45 Classic Movie &amp; Refreshments 3:00 Coffee &amp; Cookies 3:15 Good Old Days (Book) 4:00 Active Games 6:00 Lawrence Welk (TPT 2.3)</p>
<p><b>29</b> 9:00 Catholic Communion (L) 9:30 Look Good, Feel Good 10:00 Bible Stories 1:45 Classic T.V. 3:00 Coffee &amp; Cookies 3:15 Current Events (Sunday Paper) 4:00 Active Games 6:00 Music Listening</p>	<p><b>30</b> 8:30 Meet &amp; Greet 9:30 Look Good Feel Good 10:15 Table Games 1:45 Inspirational Stories 2:30 Lets Sing 3:15 Cookies &amp; Coffee 4:00 Ring Toss 6:00 Reading Circle</p> <p style="text-align: right;"></p>	<p><b>31</b> 8:30 Meet &amp; Greet 9:30 Look Good, Feel Good 10:00 Manicures 10:30 Rosary (CR) 1:45 Memory Time 2:45 Sensory Adventures 3:15 Coffee &amp; Cookies 4:00 Balloon Volleyball 6:00 Music Listening</p>				<p style="text-align: center;"><b>Garden Cove</b></p> <p style="text-align: center;"></p>