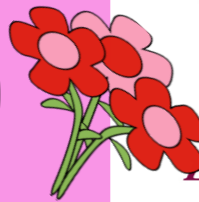


# February 2019



**SOUTHVIEW**  
SENIOR COMMUNITIES  
*Embracing life. Enriching lives.*



**Southview Senior Living**  
1984 Oakdale Ave West St. Paul, MN 55118  
Chef / Reservations: 651-312-4488  
Email: nancyd@southviewseniorliving.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Menu Subject To Seasonal Change</b></p> <p><b>All Menus Are Based On A 5 Week Seasonal Rotation</b></p> <p><b>Chef Is Available To Discuss Any Special Requests/Requirement</b></p>	<p>Please Make Reservations For All Guests. Advanced Notice is Appreciated.</p> <p><b>Meal Times</b> 7:30 - 9:30 Breakfast 12:00-1:00PM Dinner 5:00-6:00PM Supper</p>				<p><b>1</b></p> <p><b>Noontime Dinner</b> Prime Rib Au Jus OR Cracker Cursted Walleye <b>Evening Supper</b> Cheese Manicotti OR Sloppy Joe with Fries</p>	<p><b>2</b></p> <p><b>Noontime Dinner</b> Garlic Herb Tilapia OR Grilled Chicken Stir Fry <b>Evening Supper</b> French Dip Sandwich OR Chili Dog with Corn Chips</p>
<p><b>3</b></p> <p><b>Noontime Dinner</b> Sweet and Sour Pork OR Baked Ham <b>Evening Supper</b> Grilled Cheese and Tomato Soup OR Asian Chopped Salad</p>	<p><b>4</b></p> <p><b>Noontime Dinner</b> Fried Chicken OR Traditional Beef Pot Roast <b>Evening Supper</b> Biscuits and Sausage Gravy OR Spaghetti and Meatsauce</p>	<p><b>5</b></p> <p><b>Noontime Dinner</b> Garlic Butter Shrimp OR Roasted Chicken <b>Evening Supper</b> Fried Fish Sandwich OR Lasagna</p>	<p><b>6</b></p> <p><b>Noontime Dinner</b> Swiss Steak OR BLT Sandwich <b>Evening Supper</b> Sweet and Sour Meatballs OR Cheese Tortellini</p>	<p><b>7</b></p> <p><b>Noontime Dinner</b> Pork Roast OR Alaskan Halibut <b>Evening Supper</b> Bone in Chicken Breast OR Bacon Cheese Burger</p>	<p><b>8</b></p> <p><b>Noontime Dinner</b> Lobster Newburg OR Ribeye Steak <b>Evening Supper</b> Stuffed French Toast OR Beef Taco's</p>	<p><b>9</b></p> <p><b>Noontime Dinner</b> Beef Tips OR Cheese Ravioli <b>Evening Supper</b> Turkey Wrap OR Pizza</p>
<p><b>10</b></p> <p><b>Noontime Dinner</b> Steak Dianne OR Chicken Kiev <b>Evening Supper</b> Shrimp Stir Fry OR Stuffed Bell Peppers</p>	<p><b>11</b></p> <p><b>Noontime Dinner</b> Beef Wellington OR Almond Crusted Walleye <b>Evening Supper</b> Cheese Burger OR Battered Cod</p>	<p><b>12</b></p> <p><b>Noontime Dinner</b> Pecan Crusted Salmon OR Mustard Pork Tenderloin <b>Evening Supper</b> Quiche OR Boneless Chicken Wings</p>	<p><b>13</b></p> <p><b>Noontime Dinner</b> Liver and Onnins OR Fried Shrimp Basket <b>Evening Supper</b> Beef Chili OR Chicken Salad Sandwich</p>	<p><b>14</b></p> <p><b>Noontime Dinner</b> Lobster and Shrimp Ravioli OR Lemon Pepper Chicken <b>Evening Supper</b> BBQ Pulled Pork OR Chicken and Waffles</p>	<p><b>15</b></p> <p><b>Noontime Dinner</b> Crunchy Onion Chicken OR Parsely Crusted Cod <b>Evening Supper</b> Tuna Melt OR Chicken and Dumplings</p>	<p><b>16</b></p> <p><b>Noontime Dinner</b> Baked Lasagna OR Coconut Shrimp <b>Evening Supper</b> Open Faced Pot Roast Sandwich OR Mexican Casserole</p>
<p><b>17</b></p> <p><b>Noontime Dinner</b> Orange Chicken Stir Fry OR Cottage Pie <b>Evening Supper</b> Ham and Swiss Sandwich OR Beef Taco Salad</p>	<p><b>18</b></p> <p><b>Noontime Dinner</b> Spaghetti and Meatballs OR Chilean Seabass <b>Evening Supper</b> Loaded Potato Soup OR Asiago Sun Dried Tomto Chicken</p>	<p><b>19</b></p> <p><b>Noontime Dinner</b> Baked Orange Roughy OR Whiskey Ham Steaks <b>Evening Supper</b> Beef Stew OR Chicken Tenders</p>	<p><b>20</b></p> <p><b>Noontime Dinner</b> Braised Chicken Cacciatore OR Blueberry Pancakes <b>Evening Supper</b> Chicken Alfredo OR Deli Beef Sandwich</p>	<p><b>21</b></p> <p><b>Noontime Dinner</b> Braised Short Ribs OR Roast Turkey Dinner <b>Evening Supper</b> Fried Chicken Sliders OR Mac n Cheese</p>	<p><b>22</b></p> <p><b>Noontime Dinner</b> Beef Tenderloin OR Shrimp Linguini <b>Evening Supper</b> Cod Loins OR Grilled Pork Burger</p>	<p><b>23</b></p> <p><b>Noontime Dinner</b> Corn Beef and Cabbage OR Fisherman Platter <b>Evening Supper</b> BBQ Pulled Chicken OR Sausage Egg Bake</p>
<p><b>24</b></p> <p><b>Noontime Dinner</b> Country Fried Steak OR Apple Brie Stuffed Chicken <b>Evening Supper</b> Chicken Chow Mein OR Meatloaf</p>	<p><b>25</b></p> <p><b>Noontime Dinner</b> BBQ Pork Ribs OR Balsamic Chicken <b>Evening Supper</b> Grilled Chicken Sandwich OR Chef Salad</p>	<p><b>26</b></p> <p><b>Noontime Dinner</b> Breaded Walleye OR Hot Turkey Sandwich <b>Evening Supper</b> Grilled Brats OR Scallopand Ham Casserole</p>	<p><b>27</b></p> <p><b>Noontime Dinner</b> Stuffed Green Peppers OR Cat Fish Nuggets <b>Evening Supper</b> Egg Salad Sandwich OR New England Clam chowder</p>	<p><b>28</b></p> <p><b>Noontime Dinner</b> Roasted Chicken OR Korean Short Ribs <b>Evening Supper</b> Creamy Mushroom Chicken OR French Toast Bake</p>	<p><b>Feb. 28th</b> <b>Made to Order Breakfast</b> Main Dining Room 8 AM - 9 AM</p>	